

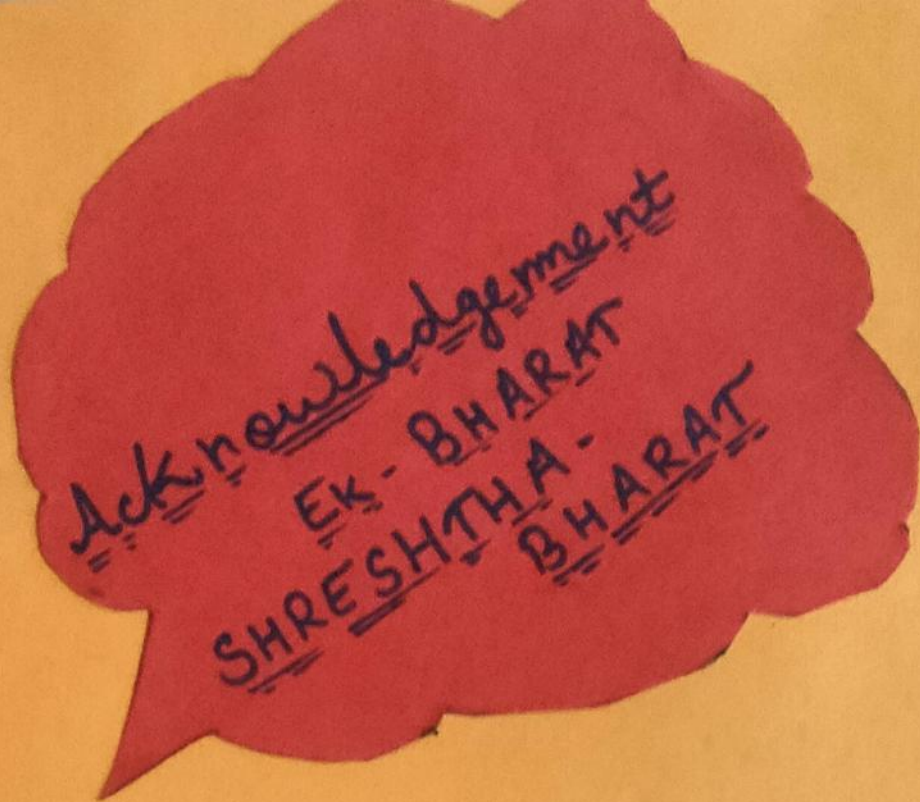
PROJECT. "EK BHARAT  
TITLE. SHRESHTHA  
BHARAT"

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CLASS:- VIII - 'E'

School :- St. Montfort Sr. Sec School.

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The EK-BHARAT Shrestha Bharat programme, aims to actively enhance interaction between people of diverse culture living in different states and UTs in India, with the objective of promoting greater mutual understanding amongst them.

Under 'Ek Bharat , Shreshtha Bharat', Madhya pradesh is paired with Manipur and Nagaland



## Art and culture of Manipur



Mallika Sarabhai  
an  
Kuchipudi Dancer

### Introduction

It's own-art form and cultural expressions distinctly show Manipur to the world. It's very famous in folk, classical or modern.



## Manipur art and culture



Manipur is full of art and beauty it is not possible that a girl in Manipur cannot sing or dance.

RAS Leela - The Raso Leela is the classical Dance of Manipur. It is eternal love of Radha Krishna.

Nupa pala - It also known as Kirtal cholam or cymbal dance. It is a characteristic style of dance and music in Manipur. It is a group male partners using cymbals and wearing show-white ball shaped who sing and dance to Mridanga an ancient classical drum "Pung" as it is called in Manipur.



## Art and Culture of Nagaland



Art and Handicrafts are intricately woven into the culture of Nagaland. The state is a home to around 16 tribes who have long perfected magnificent items from very little resources. By using products from farms they make their usable items for them. The handicrafts of Nagaland are designed in beautiful patterns which depict the tradition of Nagas. They are great in demand in India and abroad. They use vibrant colors and unique patterns in the fabric that make them more attractive. The great quality and durability. The shawls are very famous. The Konyak tribe are the most skilled wood carvers. They make baskets, mats etc.