

ST. MONTFORT SCHOOL
SEMINAR FOR THE MOTHERS OF TEENAGE GIRLS

A child is like wet clay. It's the elders who mould them and make them responsible citizens.

Teenage is a phase of life that is most important for the proper growth of a child. Keeping this in mind a seminar was organized for the students and mothers of the girl students of classes VI to VIII on 20 July 2019.

The session started with a prayer song. Dr. Mrs. Sonia Sujeesh welcomed all the guests and initiated the session with giving enough food for thought for the mothers to think positively about the physical and emotional changes a child will undergo during her menstruation.

Ms. Pooja Mittal and Mrs. Priyanka Mishra spoke at length about the dietary patterns and physical adaptations one must be aware of along with the special mother child bonding that must be fostered in the early years of a child's life.

The school counsellor Mrs. Shraddha Balwani discussed in detail the Psychological aspects and emotional needs of the child. Detailed descriptions and apt videos made the session interesting and easily understandable. The attendance of mothers in large numbers showed how the parents are concerned and aware of the child's needs. The session ended with an interactive session and the parents left with a thankful heart for making the understanding of an important and difficult life process easy and acceptable to all.